



# 2023 ANNUAL REPORT

Providing essential 12th Step services to the San Francisco and Marin Fellowship.

#### A WORD FROM OUR BOARD CHAIR

Dear San Francisco and Marin Fellowship,

We are pleased to share with you our 2023 Annual Report, first published last year to offer a better understanding of San Francisco and Marin Intergroup and the 12th Step services we provide. This report enables us to reach a wider range of local members with important information about Intergroup's finances, programs and initiatives.

2023 was an exciting year at Intergroup. In addition to continuing to build on the great work that began prior to 2023, we broadened our reach to new areas and made huge progress in resolving challenging infrastructure issues.

Intergroup formed the new **Outreach Committee** to attract more participation from San Francisco and Marin by spreading awareness of the importance of Intergroup Representatives (IGRs) and opportunities for A.A. service through Intergroup committees. With the help of this committee, we added 18 new IGRs before the end of 2023. We look forward to continued success in 2024!

We made much needed infrastructure improvements this year. We replaced our internet provider and upgraded our phone system—both sorely needed upgrades that had long plagued Central Office. With these changes, we are now able to provide a more reliable means of communication on our **Teleservice Helpline** and better serve the fellowship. This was crucial as we navigated the merger of San Francisco and Marin Teleservice.

Our website **aasfmarin.org** is continually being updated and expanded thanks to

the help of our Communications and Tech Committees. I urge you to take a moment to check out the newly improved "Get Involved" tab, where you can find information about the service opportunities available to you. Whatever your interest, there are many ways to be of help to other alcoholics and carry the A.A. message.

Whatever your interest, there are many ways to be of help [at Intergroup] to other alcoholics and carry the A.A. message.

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Intergroup's **Fellowship Committee** hosted several great events in 2023. Our Founders' Day celebration was held in Golden Gate Park, with good food, fellowship and two powerful speakers who shared their experience, strength and hope with a large and enthusiastic turnout.

And these are just a few of the many accomplishments in 2023 done on behalf of the Fellowship that you will find in this Annual Report. Be sure to check out our new section on **Meet Your Intergroup Board** and get to know the trusted servants who commit their time and energy to Intergroup as Board Members.

I'm looking forward to continuing to grow and thrive as an Intergroup and to bring the support and programs that are so vital to our community in the year ahead! Thank you for allowing me to be of service.

In gratitude,

Elena R.

Chair, Board of Directors

#### 2023 Highlights

Intergroup serves the San Francisco and Marin Fellowship. Here are some of our 2023 highlights.



Marin and San Francisco Teleservice Committees merged into one unified **Teleservice Committee**, now serving both fellowships and offering greater operational efficiencies.



The **San Francisco Public Relations Committee** provided free A.A. literature to the San Francisco Public Library (SFPL) as part of SFPL's efforts to support individuals facing alcoholism. Its efforts were featured in a *San Francisco Chronicle* article on December 6, 2023.



Our newest Intergroup committee, the **Outreach Committee** recruited 18 new Intergroup Representatives (IGRs), increasing group participation in 2023.



With support from the **Tech Committee**, the **Teleservice** 24/7 helpline transitioned from an AT&T landline to a VoIP system, enabling seamless shift rollover and facilitating multiple volunteers to answer the line during each shift.



The **Intergroup Fellowship Committee** hosted its first big event post-COVID at Golden Gate Park, celebrating Founders' Day in June. The event had an incredible turnout and amazing speakers!



San Francisco and Marin Intergroup sold A.A. literature at the **International Convention of Young People in Alcoholics Anonymous** (ICYPAA) held in San Francisco, reaching more than 3,000 A.A. members.



The **Communications Committee**—which is responsible for this Annual Report, *The Buzz* and other communications projects— completed a six-month trial merger with *The Point Committee*. The committee merger offers greater operational efficiencies to better serve Intergroup's communications needs.



**Central Office** upgraded its internet from DSL to 5G, creating a more efficient and reliable internet for answering the helpline and responding to inquiries at Central Office.



Intergroup collaborated with Marin Fellowship Committee on their first joint event at **Marin Founders' Day**, hosting a workshop panel titled "Service to Your Home Group".



Image by Thatcher H.

# CENTRAL OFFICE

Located on Sacramento Street in San Francisco, Central Office is often the frontline for alcoholics whether they're looking for a meeting, dialing the helpline or picking up A.A. books and medallions.

These are some of the accomplishments that came out of Central Office in 2023.



- Central Office served more than 4,000 customers, averaging 12 customers per day.
- A group of dedicated volunteers greeted customers and visitors at Central Office, answered the Teleservice helpline during bookstore hours and assisted with special projects. Two of our volunteers commuted from Marin every week for their shifts, while another two covered multiple shifts each week, providing our special workers with much needed support.
- We bid a fond farewell to Marcus W., a highly regarded special worker at Central Office for over five years. Marcus has embarked on a new career journey, carrying our best wishes and heartfelt support.
- We welcomed Jackie B. as a new special worker.
   Jackie was a long-standing Central Office
   volunteer before joining our staff in an expanded
   role as Assistant Manager.
- Diligent volunteers monitored the help@aasfmarin.org email, responding to 239 emails, predominantly from newcomers.
- Central Office underwent a makeover! It now features a cozy sitting area surrounded by history displays, including a photo wall showcasing early A.A. pioneers and a display case housing archival materials.

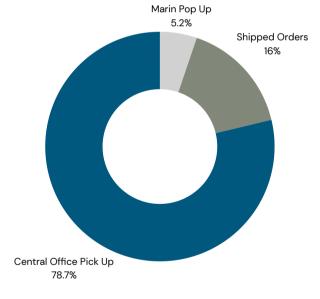
#### **LITERATURE**

Distributing A.A. literature to alcoholics is one of Intergroup's primary functions. Intergroup carries a large selection of Conference-Approved A.A. literature as well as AA Grapevine books, locally produced literature and sobriety medallions.

#### Top 5 AA Grapevine books sold:

- Prayer and Meditation
- Emotional Sobriety
- Voices of Women in A.A.
- The Best of Bill
- Grapevine Daily Quote Book

In 2023 Central Office fulfilled 1,477 literature orders via the following channels:



## POP UP BOOKSTORE CELEBRATES 1 YEAR

Intergroup is committed to making A.A. literature more readily available to the Marin Fellowship. On the third Monday of every month, members in Marin can pick up pre-ordered literature and purchase select items at a Pop Up Bookstore held during the General Service meeting in San Rafael.

#### In 2023:

- Average orders per Pop Up: 7
- Average sales per Pop Up: \$291
- Total # of groups that purchased from Pop Up: 21



for a sponsee, partner or friend!



Image by Thatcher H.

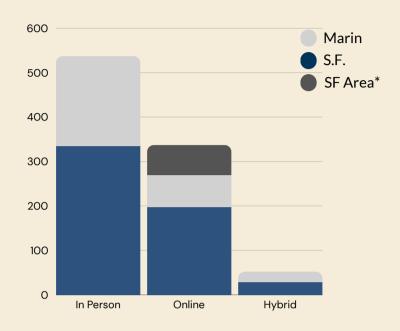


#### A.A. MEETINGS

## TOTAL # OF MEETINGS IN S.F. AND MARIN



## TYPES OF MEETINGS IN S.F. AND MARIN



With over 900 meetings to choose from in San Francisco and Marin, Intergroup is often a newcomer's first connection to Alcoholics Anonymous. Intergroup provides essential services to meetings, such as listing meetings in printed the online and meeting schedules, serving as a resource when problems arise, providing group insurance for A.A. meeting facilities and setting up group email accounts. In 2023 Intergroup served meetings by accomplishing the following:

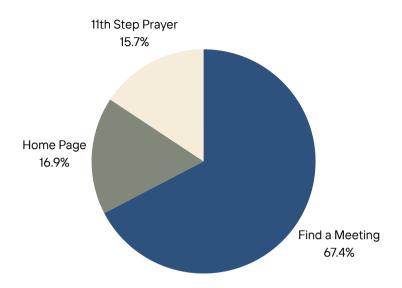
\*The S.F. Area category started during shelter in place and consists of online meetings originating in San Francisco or Marin counties, but not tied to a specific location.

- Intergroup added a QR code to our printed meeting schedules that links to the aasfmarin.org meeting finder.
- Intergroup added print-friendly versions of the S.F. and Marin meeting schedules to the aasfmarin.org website. You can find PDF links for downloading and printing in the footer of every page on the website.
- Intergroup issued insurance certificates to over 30 meeting spaces that required A.A. groups to obtain liability insurance to rent their facilities.

#### WEBSITE

aasfmarin.org helps individuals locally and across the world find A.A. meetings in San Francisco and Marin. It also offers a wide range of resources and opportunities to connect through the distinctive blue HelpChat bubble. By clicking on the bubble, it allows people to learn more about A.A. meetings by "chatting" with HelpChat volunteers.

## MOST POPULAR WEBSITE PAGES



# IN 2023, THE WEBSITE HAD 192,664 VISITORS TOP 4 PLACES VISITORS WERE FROM:

- United States 184,130
- Canada 2,072
- United Kingdom 1,551
- Australia 675

Intergroup updated our Service Committee page at aasfmarin.org/committees, with support from the Tech Committee and Communications Committee:



#### **OUTREACH**

The Outreach Committee began meeting in 2023. Outreach works to attract more involvement from the broader San Francisco Fellowship and Marin by spreading awareness of the importance of Intergroup Representative (IGR) participation opportunities for A.A. service through our Intergroup service committees. A main objective of the Outreach Committee in 2023 was to increase IGR participation at Intergroup. A.A. members were encouraged to make the following announcement at A.A. meetings they attend that do not have an IGR.

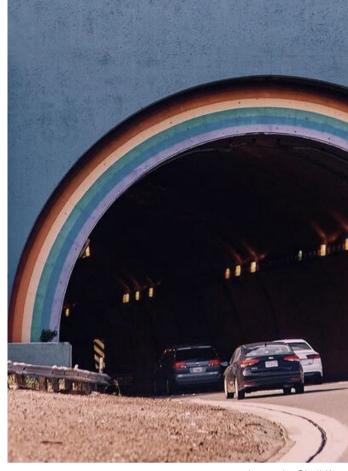


Image by Skull Kat



#### SUGGESTED IGR ANNOUNCEMENT FOR MEETINGS



We are encouraging meetings that don't have an Intergroup Rep (IGR) to consider appointing one. IGRs are the liaisons between A.A. groups and San Francisco and Marin Intergroup.

Of the 900+ meetings in San Francisco and Marin, only 42 have active IGRs. They vote on matters that affect Intergroup and A.A. at the local level, such as Central Office, money, literature, our website and more. IGRs also keep groups up to date with local information on service opportunities. IGRs ensure that local A.A. groups have a voice at Intergroup.

#### **TELESERVICE**

San Francisco and Marin Teleservice Committees officially merged as one unified Teleservice Committee serving both Marin and San Francisco in August 2023.

Teleservice is a 24-hour phone service that helps callers find information about A.A. meetings and arranges 12th Step calls and hospital visits. It is the frontline for the still-suffering alcoholic. In 2023 the Marin Teleservice helpline went down and Marin County calls were redirected to San Francisco Teleservice volunteers. Marin Teleservice explored various options, solicited input from the Fellowship and in August voted to officially merge with San Francisco Teleservice as one unified committee serving both counties.

The merger of phone systems and training of volunteers entailed significant time and effort but the result was a more streamlined process that better served the Fellowship.

Teleservice officially migrated to a new VoIP phone system in October and, despite minor hiccups, the system is working extremely well. Volunteers appreciate that the helpline connects to their phones automatically at the start of their shift and rolls over to the next volunteer when their shift is over.

There's still quite a bit of work to do behind the scenes, but we are grateful to everyone who has worked to ensure the hand of A.A. is there whenever anyone dials (415) 674-1821.

Since merging, the Teleservice Committee has:

- Answered more than 1,130 calls in just under 3 months.
- Assembled a team of 7 Daily Coordinators, 4 from Marin and 3 from San Francisco.
   Daily Coordinators are responsible for filling weekly phone shifts.
- Scheduled over 80 volunteers per month to answer the helpline.



#### **NEWSLETTERS**

San Francisco and Marin Intergroup publishes two newsletters.

# THE BUZZ

**The Buzz** features service opportunities and A.A. news and events in the area. *The Buzz* is distributed to more than 2,000 members every week.

To subscribe to *The Buzz*, visit **aasfmarin.org/buzz** 





# THE POINT

The Point is published monthly and features stories of recovery from local members, similar to the AA Grapevine. The Point produced a special printed edition in November focused on gratitude that came out of a San Francisco Unity Day Writers Workshop and was distributed to local clubhouses and A.A. meetings.

For the current edition of *The Point*, visit **aasfmarin.org/the-point** 







#### **COMING CLEAN THROUGH THE STEPS**

By The Point | February 29th, 2024 | Uncategorized

By Caroline M. My life, while under the influence of alcohol, resembled one great, messy knot. A wet one, an alcohol-fueled one. N matter how hard I applied self-will, arrogantly believing in my own smarts

#### MEET YOUR INTERGROUP BOARD



Where did you get sober?

San Francisco

**Sobriety date?** January 17, 2012

What is your home group?
Any Lengths (San Francisco)

#### What does serving on the Board mean to you?

I am honored to serve on the Board. I am a San Francisco native, and I got sober here. It is a way for me to be of service and to give back to the San Francisco/Marin A.A. community, which has been so integral to my sobriety.

#### What is a favorite A.A. quote or saying?

"As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action." (*Alcoholics Anonymous* p. 87)



Where did you get sober?
Stockton Alano Club

Sobriety date?
April 29, 1985

What is your home group?

On Awakening (Marin) and Living in the Solution (Marin)

#### What does serving on the Board mean to you?

It is an opportunity for me to learn and experience more about the democratic process in A.A. Also, it presents an opportunity for me to give back and serve our primary purpose to help another alcoholic.

What is a favorite A.A. quote or saying?

"Keep it Simple."



#### **Paul A.** Vice Chair

Where did you get sober?
San Mateo

Sobriety date? August 15, 2009

#### What is your home group?

Friendly Circle (San Francisco) and Living in the Solution (Marin)

#### What does serving on the Board mean to you?

It is one way that I can pay down the debt that I owe to A.A. I also get to learn more about conducting business consistent with the Traditions and Concepts.

#### What is your favorite A.A. quote or saying?

"Your ego is not your amigo."



#### **Nikki T.** Secretary

Where did you get sober?
San Francisco

Sobriety date?

February 4, 2007

#### What is your home group?

Each Day a New Beginning Virtual (San Francisco)

#### What does serving on the Board mean to you?

Service beyond the group level is vital to ensuring that the hand of A.A. is always there when anyone, anywhere asks for help.

#### What is your favorite A.A. quote or saying?

"Why Do We Need a Conference" by General Service Board Class B Trustee, Bernard Smith.



**SERVICES** 

MAKE AA TICK

By Bill

"It began to dawn upon A.A. that group responsibility would have to reach much further than the meeting hall doorstep. Otherwise the new man approaching our door might miss his chance, might lose his life.

#### Intergroup Services

Slowly groups in densely populated areas saw they form would have to associations, open small offices, pay a few full-time Secretaries . . . Local meeting directories are issued, public relations attended to, regional gatherings and dinners set up . . . In short, intergroups do those area chores that no single individual or group could. They unify regions; they make A.A. tick."

© The AA Grapevine, Inc. (November 1951). Reprinted with permission.





Where did you get sober?

Marin Alano Club

**Sobriety date?** September 23, 1986

What is your home group?
Reveille in the Clouds (Marin)

#### What does serving on the Board mean to you?

An excellent way to serve my fellow alcoholics.

#### What is a favorite A.A. quote or saying?

"The only requirement for membership is a desire to stop drinking." Tradition Three (short form)



Where did you get sober?
San Francisco

Sobriety date? July 5, 2018

#### What is your home group?

Thursday Night Women's Meeting (San Francisco)

#### What does serving on the Board mean to you?

I found my way to A.A. through an Intergroup service (HelpChat). Service at the Intergroup level and on the Board is a meaningful way for me to give back what I received, and to do my part in making sure that help is there for the next person who reaches out.

What is a favorite A.A. quote or saying?

"More will be revealed."



Where did you get sober?
San Diego

**Sobriety date?**November 27, 2015

What is your home group? Tuesday Chip (Marin)

#### What does serving on the Board mean to you?

An honor and a privilege.

#### What is a favorite A.A. quote or saying?

"It doesn't take a good motive to take a good action."



#### **Phil S.**Board Member

Where did you get sober? Cop Shop (San Francisco)

**Sobriety date?** February 5, 1993

What is your home group?
Too Early (San Francisco)

#### What does serving on the Board mean to you?

Still figuring that out! For now, it's an opportunity for service, and through service to grow in understanding and effectiveness.

#### What is a favorite A.A. quote or saying?

For the newcomer: "Close your mouth. You are spreading the disease!"
For the long-timer: "It's not old behavior if you're still doing it!"



Where did you get sober?
Chicago
Sobriety date?

March 30, 1994

What is your home group?
Corte Madera Saturday Candlelight
(plus my book studies!)

#### What does serving on the Board mean to you?

It has been a privilege to serve on this board and work with people I highly regard.

#### What is a favorite A.A. quote or saying?

"Let's examine for a moment this idea of dependence at the level of everyday living. In this area it is startling to discover how dependent we really are, and how unconscious of that dependence. Every modern house has electric wiring carrying power and light to its interior. We are delighted with this dependence; our main hope is that nothing will ever cut off the supply of current. By so accepting our dependence upon this marvel of science. we find ourselves more independent personally. Not only are we more independent, we are even comfortable and secure. Power flows just where it is needed. Silently and surely, electricity, that strange energy so few people understand, meets our simplest daily needs, and our most desperate ones, too." Step Three, Twelve Steps and Twelve Traditions



# MEET YOUR INTERGROUP COMMITTEES

San Francisco and Marin Intergroup provides service opportunities at the local level to reach more alcoholics in need. Any member from San Francisco and Marin can join our service committees.

**Archives Committee** collects and preserves historical A.A. materials, especially related to the history of Alcoholics Anonymous in the San Francisco Bay Area.

**Communications Committee** provides a wide range of communications support to Intergroup and its publications, including *The Buzz*, *The Point*, aasfmarin.org and this annual report. In 2023, the Communication Committee began a six-month trial merger with *The Point* Committee.

Fellowship Committee organizes and hosts A.A. events. In 2023, the Fellowship Committee sponsored Intergroup's first large event post-COVID with a successful Founders' Day Picnic in the Park at Golden Gate Park. The Fellowship Committee collaborated with Marin Fellowship Committee to put on Marin Founders' Day and organized a "Service to Your Home Group" panel discussion. The Fellowship Committee assisted with the Marin and San Francisco Unity Day events and held our annual Open House & Ugly Sweater Party at Central Office.

HelpChat Committee uses text chat to connect with individuals seeking help via the aasfmarin.org website. Volunteers share information about A.A. and help newcomers find meetings. HelpChat volunteers responded to over 145 chats in 2023.

**Outreach Committee** works to attract more involvement from the broader San Francisco and Marin Fellowship by spreading awareness of the importance of Intergroup Representative (IGR) participation and opportunities for A.A. service through our Intergroup service committees.

San Francisco Public Relations (SFPR) educates the general public and professionals about A.A. and alcoholism. In 2023, Public Relations:

- Met with the S.F. District Attorney and a member of the Board Supervisors to discuss A.A. presentations for DA staff regarding what A.A. does and doesn't do, including information about court cards.
- Hosted an "A.A. in a Nutshell" presentation to the unhoused population at the main San Francisco Public Library.

# INTERGROUP COMMITTEES (CONTINUED)

#### (SFPR cont'd)

- Staffed tables at five Sunday Streets community events, three Project Homeless Connect events, the Reentry Conference and Resource Fair, San Francisco Pride, Jessie Alley Street Fair and the American Psychiatric Association 2023 conference.
- Presented on A.A. to chaplains at Saint Francis Memorial Hospital and at the Women's Resource Center.
- Held a speakers workshop at Central Office.

**Sunshine Club** brings meetings to A.A. members in Marin and San Francisco who are unable to attend regularly scheduled meetings due to accident, illness or other medical condition. In 2023, the Sunshine Club brought 26 meetings to A.A. members.

**Technology Committee** identifies tech best practices for A.A. meetings and Intergroup. In 2023, the Committee continued to provide back-end support for the aasfmarin.org website, was instrumental in the Teleservice helpline switchover from AT&T to VoIP and assisted with our Airtable database which maintains our San Francisco and Marin meeting schedules.

**Teleservice Committee** had a big year in 2023 and through all of it ensured the helpline was answered 24-hours a day by recovering alcoholics. Not only did the Marin and San Francisco Teleservice Committees merge into one unified committee, they also switched their helpline to a VoIP system, which was developed by an A.A. member in Montreal. This new system allows for multiple volunteers per shift and the helpline automatically rolls over from one shift to the next.

**The Point Committee** is responsible for publishing a monthly journal—The Point—featuring personal stories of recovery from the San Francisco and Marin Fellowship. This year, *The Point* Committee merged with the Communications Committee for a 6-month trial period.

From the Intergroup Archives - 1955 Meeting Schedule

San Francisco Inter-County
Fellowship

of

ALCOHOLICS ANONYMOUS July 1, 1955

Every night in the week there is an AA meeting somewhere in the San Francisco Bay area. For your convenience these meeting places are listed herein. Keep this list handy. It may prove of great help in time of need.

CENTRAL OFFICE
Whittell Building
166 Geary Street, Room 79

YUkon 2-4473
Open Monday Through Friday

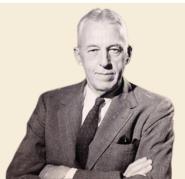
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#### **2023 FINANCIALS**

With the help of the Fellowship, San Francisco and Marin Intergroup finances are beginning to stabilize post-COVID. In 2023 we had a slight deficit of \$2,860, which was much better than our projected deficit of \$16,580. A.A. literature sales remain at -31% compared to pre-COVID numbers. However, 7th Tradition contributions from A.A. groups, individual contributions and our monthly Grateful Givers continue to keep our revenue strong, enabling Intergroup to provide important services for local 12th Step work. We are so grateful!

Total Revenue	\$ 386,392		
Total Expenses	\$ 391,295 (Includes Cost of Goods)		
Net Deficit	\$ (2,860)		
Operating Funds (in addition to prudent reserve)	2.1 Months		



"The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup."

-Bill W., Northern New Jersey Intergroup pamphlet, 1949



## **BUDGET VS ACTUAL**

	AS OF DECEMBER 2023		O) (ED (12) DES	
	ACTUAL	BUDGET	OVER (UNDER BUDGET	
REVENUE				
NE VENOE				
Bookstore Sales	\$64,490	\$83,000	\$(18,510)	
Fellowship Contributions	11,328	17,000	(5,672)	
Group Contributions	200,565	200,000	565	
Individual Contributions	110,009	75,500	34,509	
SUB-TOTAL REVENUE	\$386,392	\$375,500	\$10,892	
Cost of Goods Sold	47,812	64,725	(16,913)	
TOTAL REVENUE	\$338,578	\$310,775	\$27,803	
EXPENSES				
Employees (wages, benefits, taxes)	\$232,021	\$224,157	\$7,864	
Intergroup Committees	9,545	10,836	(1,292)	
Operational	91,962	79,310	12,652	
General Administrative	9,955	14,052	(4,097)	
SUB-TOTAL EXPENSES	\$343,483	\$328,355	\$15,127	
Sub-Net Operating Revenue	(4,905)	(17,580)	12,675	
Miscellaneous Revenue	2,018	1,000	1,018	
Miscellaneous Expenditures	(27)	0	(27)	
NET REVENUE	\$(2,860)	\$(16,580)	\$13,720	



#### **BALANCE SHEET**

	AS OF 12/31/23	AS OF 12/31/22	\$ CHANGE
ASSETS			
Current Assets			
Operating Funds	\$65,056	\$72,149	\$(7,093)
Prudent Reserve	162,096	157,953	4,143
Total Cash	227,152	230,102	(2,950)
Accounts Receivable	0	0	0
Bookstore Inventory	26,475	20,587	5,888
Total Current Assets	253,627	250,689	2,938
Fixed Assets	1,180	0	1,180
Deposits	6,698	6,698	0
TOTAL ASSETS	\$261,505	\$257,387	\$4,118

#### LIABILITIES AND NET ASSETS

Liabilities			
Accounts Payable	\$(69)	\$(69)	\$0
Payroll Liabilities	3,890	3,213	677
Sales Tax Payable	375	278	97
Advanced Sales	0	0	0
Total Liabilities	4,196	3,422	774
Net Assets			
Net Assets, Beginning of Year	253,964	241,155	12,809
Net Surplus/(Deficit), End of Year	3,345	12,809	(9,464)
Total Net Assets	257,309	253,964	3,345
TOTAL LIABILITIES & NET ASSETS	\$261,505	\$257,387	\$4,118

#### **2023 GROUP CONTRIBUTIONS**

(In alphabetical order)

6 AM Men's Literature Meeting 7 AM Literature Study Virtual 7 AM Urgent Care Group 11th Step Meeting A Vision for You A Way Out

AA Sunday Serenity Afro American Beginners

After Work

Agnostics and Freethinkers Anonymous/Unlisted Meetings (16)

Any Lengths
Anything is Possible
Artists & Writers
As Bill Sees It
Ass in a Bag
Be Still

Because I'm an Alcoholic

Beginner's Twelve Steps and Traditions Study

Beginners Warm Up Live Beginners' Step Study Bernal Big Book - In Person

Bernal New Day

Bernal New Day In-Person

Between the Lines

Big Book Stories--Reading and Sharing

BIPOC-Together We Prosper

Blackie's Pasture Bleachers

Blue Book Special

Bridging the Gap "Acceptance" Buena Vista Breakfast Club

Byol

Caledonia Group (Sausalito)

Came to Believe Candlelight Meditation

Castro 12x12

Castro Discussion (Show Of Shows)
Castro Monday Night Big Book

Castro Nooners Castro Sober Sisters

Closed Women's Step Study

Cocoanuts

Corte Madera Saturday Candlelight

Cover to Cover

Cow Hollow Young People Creative Alcoholics

Crossroads Daily Fellowship

Daily Reflections Out of the Bay Area

Daily Women's Meeting

**Dark Secrets** 

Day at a Time - Lighthouse Church

Design For Living
Design For Living at CCC
Dignitaries Sympathy
Dignitaries Sympathy - Virtual

Down & Dirty In Person

Each Day a New Beginning - Hybrid Each Day a New Beginning - In Person Each Day a New Beginning - Virtual

Early Joyous & Free

Early Start

Embarcadero Group

Eureka Step

Eureka Valley Topic

Experience, Strength & Hope Fairfax Attitude Adjustment Hour Fairfax Attitude Adjustment Online

Faith, Hope and Charity Fathers in Recovery Federal Speaker Firefighters & Friends Forest Friends

Franciscan Noon Discussion Friday Morning 12 Steppers

Friday Night Book Friday Night Discussion Friendly Circle Beginners

Friends of Marty

Glum Not Men's Meeting

God Could & Would If He Were Sought

Gold Mine Group In-Person

Gratitude

Gratitude Center AA @ 6 PM
Greenfield Newcomers
Haight Street Explorers
Happy Joyous & Free
High Noon In-Person
High Noon Sunday
High Noon Zoom
Hilldwellers
Homecoming
Hoodlum Haven
Huntington Square
Intimate Feelings

Inverness Sunday Serenity In-Person Inverness Sunday Serenity Online

Join the Tribe Just Can't Wait 'til 8 Just for Today Keep Coming Back Koo Koo Hump Day

Larkspur 7AM Group In-Person

Larkspur 7AM Online Larkspur Haven

Larkspur Saturday Morning 12 & 12 Last Stop Men's Step Study

Lincoln Park

Living in Solution - Twelve and Twelve

Living in Solution - Speaker Living in Solution - Daily Reflection

Living Sober Living Sober Today! Living Sober With HIV Lousy Drunken Queers

Lush Lounge

Mellow Mission Sunrise Men's Gentle Touch Mid Afternoon Sobers Mill Valley Couch Mill Valley Group

Mill Valley Tuesday Beginners

Monday 1'ers Monday Blues Monday Men's Stag Monday Miracles

Monday Night Big Book & 12 and 12 Study

Monday Night Madness Monday Night Stag Tiburon

Monday Nooners Morning After New Light Brigade No Gurus Meditation

No Regrets

Noon AA Meeting in the Garden

Noontime

North Marin Speaker Not a Glum Lot Group

O.A.D.W.
Off the Wall
On Awakening

On Awakening In-Person

Original Mill Valley Wednesday Night Group

Our 12th Suggestion

Panhandle
Parkside
Pax West Men's Group

Plant Park Meeting
Potrero Step Study

Progress Not Perfection - In Person

Quitting Time Raising the Bottom Reality Farm Rebound Group

Recovering Artists, Writers and Creatives

of A.A.

Reveille in the Clouds

Rise N Shine Rocket Science

Russian Speaking AA Meeting

San Geronimo Valley San Marin Step Study Saturday 1-2-3

Saturday Afternoon Meditation

Saturday Easy Does It

Saturday Night Fever + Fellowship

Saturday Night Regroup

Saturday Night Women's Meeting

Saturday Serendipity Saturday Sisters 12&12

# GROUP CONTRIBUTIONS (CONTINUED)

Serenity House Online

Serenity House Saturday Night

Serenity on the Water Serenity Right Now!!!!!!! Serenity Seekers

Sesame Step

Sex and Intimacy in Sobriety

SF Pink Thursday Sharing Wisdom

Sinbar

Sisters In Sobriety Six O'Clock Sunset Sober 5150's Sober and Serene

Sober Living Sober Sisters Sometimes Slowly

Spiritual Awakenings Step Study

Spiritual Thirst Trap

Step It Up!
Step Sisters
Steppin' Up
Steps To Freedom
Steps to the Solution

Stonestown

Strawberry Daily Remote Successful Aging in Recovery

Sundae Special Sunday Bookworms Sunday Express Sunday Friendship

Sunday Morning Gay Men's Stag - In Person Sunday Morning Gay Men's Stag - Online Sunday Night Castro Speaker Discussion

Sunday Rap

Sunday Rap - Online Sunday Step Talk Sunday Step Talk Virtual

Sunday Sunrise Sundown Speaker Sunlight of the Spirit

Sunrise Sunset Women's Step

Sunset 11'ers Sunset 9'ers

Sunset Speaker Step

Surf

Surrender at Noon Ten Years After In-Person Ten Years After Online

Terra Linda

Terra Linda Thursday Men's Stag

The After Party

The All Inclusive Meeting The Barnyard Group The Drive Thru The God Box The Headless Horsemen

The Hellfire Club

The Lads

The Leaky Cauldron The Parent Trap There is a Solution

Thursday Night In-Person Speaker/Chip Thursday Night Women's Meeting

Tiburon Women's Candlelight

Too Early Virtual Trudgers Discussion Tuesday 1'ers Tuesday Chip

Tuesday Downtown Beginners
Tuesday Night Lasses In-Person

Tuesday Pathfinders
Twelve Steps to Happiness

Union & Steiner
Valencia Smokefree

Virtual Experience, Strength & Hope

Virtual Valencia Wake Up On 3rd St. Walk of Shame Washington Squares We, Us And Ours

Wednesday Night Candlelight Wednesday Night Speaker/Discussion Wednesday Noon Step Study

Wednesday Primary Purpose Wednesday Sundowners Wednesday Sunrise Smokefree

Weekend Warriors Weekend Worker West Portal Wharf Rats

What Had Happened Was

What It's Like Now What's It All About

Wholly Together Meditation

Willing to Grow
Wits End Step Study
Women's 10 Years Plus
Women's 12 x 12

Women's 10 Years Plus
Women's 12 x 12
Women's Big Book
Women's Big Book Study
Women's Cabin Meeting
Women's Came to Believe
Women's Candlelight
Women's Kitchen Table
Women's Lunch Bunch
Women's Meeting
Women's Outdoor Friday
Women's Promises

Women@5 Working Dogs

# thankzyou

Intergroup is grateful for all the individual contributions, including memorial, honorary and anniversary contributions received in 2023. Individual contributions have been a consistent source of revenue during uncertain times these last few years.

Did you know that Faithful Fivers got a new name in 2023? To better reflect that average contributions for our monthly giving program was greater than \$5, Intergroup voted to change the name to **Grateful Giver**. In addition, they voted on a new logo for the Grateful Giver program.



A special thanks to our current Grateful Givers. Intergroup is grateful to our 363 Grateful Givers who contributed \$56,515 in 2023 with an average monthly contribution of \$12.60.

Are you a Grateful Giver? If not, consider signing up for a monthly contribution to support your local Intergroup at:

aasfmarin.org/grateful-givers

#### MISSION STATEMENT

San Francisco and Marin Intergroup serves more than 900 A.A. groups in our common purpose of carrying the A.A. message of recovery to alcoholics. We provide important services for local 12th Step work, such as running Central Office, selling A.A. literature, publishing a local meeting directory and website and operating a 24-hour telephone helpline.

In addition, Intergroup connects the local Fellowship to service opportunities, informs the public and professional community about A.A. and acts as an information exchange for announcements and events.

# 2023-2024 BOARD OF DIRECTORS

Alison T. (San Francisco)

Andrew S. (Marin)

Caitlin T. (San Francisco)

Denis O. (Marin)

Elena R., Chair (San Francisco)

Hedy H., Treasurer (Marin)

Judy W. (Marin)

Nikki T., Secretary (San Francisco)

Paul A., Vice-Chair (Marin)

Phil S. (San Francisco)

#### SPECIAL WORKERS

Christina G., Executive Director (Marin)
Jackie B., Central Office Assistant
Manager (San Francisco)

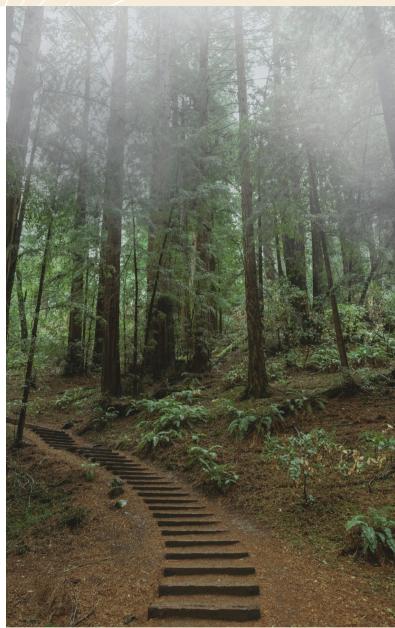


Image by Parsa Mahmoudi

## CENTRAL OFFICE HOURS AND LOCATION

Tuesday to Friday 10am - 6pm Saturday 12pm - 4pm

1821 Sacramento Street San Francisco, CA 94109

#### **CONTACT US**

(415) 674-1821 aa@aasfmarin.org aasfmarin.org

# Upcoming Intergroup Events

# A NIGHT OF HAPPY DESTINY Gala & Speaker Meeting Irish Cultural Center, S.F.

AUGUST<sub>A</sub> 3 2024



# Founders' Day Picnic

Celebrating A.A.'s 89th Anniverary

A.A. Speakers & Fellowship Lindley Meadow, Golden Gate Park, S.F.

JUNE 8 2024



Image by Tania Mirón

## **GET INVOLVED!**



# SERVICE COMMITTEES

San Francisco and Marin Intergroup provides important services for local 12th Step work. Get involved at Intergroup by joining an Intergroup Service Committee!

Visit <u>aasfmarin.org/committees</u> to get involved and learn more.



# BECOME AN INTERGROUP REP

Intergroup Representatives (IGRs) ensure that local A.A. groups have a voice at San Francisco and Marin Intergroup.

Visit <u>aasfmarin.org/intergroup-</u>
<u>representation</u> to get involved and learn more.

# GRATEFUL GIVERS



Become a Grateful Giver and contribute monthly to support your local Intergroup's essential 12th Step services.

Visit<u>aasfmarin.org/grateful-givers</u> to sign up.

# VISIT US AT CENTRAL OFFICE

San Francisco and Marin Intergroup 1821 Sacramento Street San Francisco

Tuesday to Friday 10am to 6pm Saturday 12pm to 4pm

Please share this Intergroup annual report with your A.A. meetings!