



MARIN FELLOWSHIP COMMITTEE PRESENTS

MEDITATIVE SOUND BATH MEETING



Join us for an immersive afternoon of meditation, sound healing and fellowship

location
Vivalon
930 Tamalpais Ave
San Rafael
Multipurpose Room
(NW corner of building)

date/time
Saturday
Dec 30, 2023
doors open at 11:30AM
meditation begins at 12

bring your own yoga mat, pillow, blanket or whatever you like to meditate with

Water and hot tea provided!



\$5 suggested donation
no one turned away for lack of funds

amarin.org