

# Announcement to AA Groups in San Francisco and Marin to Increase IGR Participation

Please read this announcement from the Intergroup Outreach Committee at A.A. meetings you attend that do not have an Intergroup Representative (IGR). For more information: outreach@aasfmarin.org.

## SUGGESTED ANNOUNCEMENT:

We are encouraging meetings that don't have an Intergroup Rep (IGR) to consider appointing one. IGRs are the liaisons between A.A. groups and San Francisco and Marin Intergroup.

Of the 900+ meetings in San Francisco and Marin, only 42 have active IGRs. They vote on matters that affect Intergroup and A.A. at the local level, such as Central Office, money, literature, our website and more. IGRs also keep groups up to date with local information on service opportunities. IGRs ensure that local A.A. groups have a voice at Intergroup. If you have questions please come up to me after the meeting or check out the flier.

Thanks!

## FREQUENTLY ASKED QUESTIONS:

*What is the service commitment length and minimum sobriety requirement?* The suggested sobriety requirement for IGRs is a minimum of one year and the commitment length is two years.

#### What is Intergroup?

Intergroup provides important services and Service Committees for local Twelfth Step work, such as maintaining our Central Office, selling A.A. literature, and publishing a local meeting directory and website and operating a 24-hour telephone hotline.

### How do I become an IGR?

Any A.A. group holding regularly scheduled meetings in San Francisco or Marin and listed in the meeting schedule may elect an IGR and an Alternate IGR. New IGRs need to attend orientation, which is held the first Wednesday of each month at 6pm, directly before the Intergroup meeting.

IGRs also need to register as their group's Intergroup Representative. To do so, find your meeting on aasfmarin.org/find-a-meeting. Then scroll down the page and click on Update Meeting Info and follow the instructions to register as an IGR.

#### When does Intergroup meet?

Intergroup meetings are generally held on the first Wednesday of each month at 7pm. Currently these meetings are held online. The link to join the Intergroup meeting is available on aasfmarin.org/events.

For more information, email outreach@aasfmarin.org.