# The Point

January 2003

A publication of the Intercounty Fellowship of Alcoholics Anonymous

1821 Sacramento Street
San Francisco CA 94109-3528
(415) 674-1821
From Marin call (415) 499-0400
Fax (415) 674-1801
www.aasf.org
aa@aasf.org

## The Point

is published monthly to inform A.A. members about business and meeting affairs in the Intercounty Fellowship of Alcoholics Anonymous (San Francisco and Marin Counties). The Point's pages are open to participation by all A.A. members. Nothing published herein should be construed as a statement of A.A., nor does publication constitute endorsement by A.A. as a whole, the Intercounty Fellowship Board, the Central Office, or The Point Editorial Committee. Letters and articles to help carry the A.A. message are welcomed, subject to editorial review by The Point Committee.

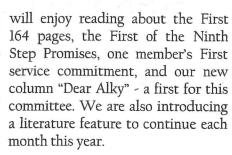


# HAPPY NEW YEAR!!

The New Year is upon us, and it is hard to believe it is already 2003! This is the time of year

when many choose to try something new — maybe for the first time! It could be that daily inventory we keep hearing about, or perhaps hitting our knees each morning or sitting for a few minutes of quiet (or not so quiet!) meditation. It could be 90 meetings in 90 days, or a vow to raise your hand every time a secretary calls for those willing to serve as a temporary sponsor — the list goes on...

Regardless of what you're trying this New Year, it could be a first. The Point committee has dedicated this issue to "Firsts". We hope you



If you would like to participate in the creation of *The Point*, at any level, please contact us at Central Office during our regular business hours. As usual, we welcome your comments, articles, announcements, etc. You need not join the committee to submit an article, literature highlight, or a question for "Alky". Please help us carry the message. Happy New Year!



Central Office would like to thank all who helped make Gratitude Month a success. As of Dec. 18, 2002, 68 groups participated, contributing \$6,795.83. We have also received numerous individual contributions totaling \$1,374.00. The 2001 Gratitude Month contributions were still coming in during March 2002, so stay tuned for the final tally!

Central Office would also like to thank all of the volunteers who answer phones, help with literature, keep things tidy, and assist us in keeping operations running smoothly. We are blessed to have you.

Last, but not least, the Point Committee would like to thank Ben N. for his hard work on the Twelve Concepts articles which appeared in each issue of *The Point* 2002. Thanks, Ben!



# **January 2003....**

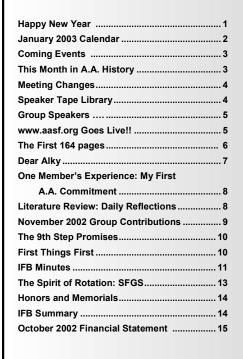
Sun	Mon	Tue	Wed	Thu	Fri	Sat
these ann to your gr local AA serv meetings, as we of which the	S: Please no councement.  COUPS The vice and confered as any local Astronomy at the Central Office has ry at the Central Counce the previous monitisted. Coming Every are on page 5.	Sinis calendar lists rence planning a related events been notified.	1 FIRST WED  HAPPY NEW YEAR!	2	3	4
5	6 FIRST MON Spirit of SF Committee Central Office, 1821 Sacramento San Francisco 7 pm	7	8 Intercounty Fellowship Board (IFB) 1187 Franklin San Francisco 7 pm	9	10	11
12	13 SECOND MON SF Public Information Committee Central Office, 1821 Sacramento San Francisco 7 pm	14 SECOND TUE Bridging The Gap 1101 O'Farrell, 6:30 pm  SF General Service 1101 O'Farrell, SF Orientation: 7 pm Meeting: 7:45 pm  Marin H&I Lagunitas & Shady Ln Ross 7 pm	15	16 THIRD THU Website Committee Central Office, 1821 Sacramento San Francisco 6:15 pm	17	18
19 THIRD SUN Mission Fellowship Steering Committee 2900 24th/Florida San Francisco 1 pm	20 THIRD MON SF Teleservice Central Office, 1821 Sacramento San Francisco 6:30 pm Marin General Service 9 Ross Valley Rd San Rafael GSR Sharing: 7 pm District Meeting: 8 pm	21 THIRD TUE San Mateo General Service St. Andrews Church 15th & El Camino Real San Mateo 7:30 pm	22	23 FOURTH THU Marin PI Committee 1360 Lincoln Ave (Alano Club) San Rafael 7:15 pm	24	25 FOURTH SAT General Service CNCA Meeting 320 N. McDowell Petaluma DCMCs: 10:30 am Main Meeting: Noon
26 LAST SUN Living Sober Convention Committee 1668 Bush San Francisco 5:30pm	27	28 FOURTH TUE Marin Teleservice 1360 Lincoln / Maple (Alano Club) San Rafael 7:30 pm	29	30 LAST THU SF H&I Old First Church, Sacramento / Van Ness San Francisco Orientation: 7:15 pm Regular Meeting: 8 pm	31	

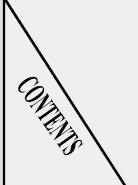


# COMING EVENTS

2003	Call or visit the Central Office for copies of any flyers of interest to you or your group.  Local events are in bold; flyers of current local events, if available, are printed as space allows.		
January 11-12	Special "Hispanic" Forum (GSO), Double Tree Hotel, 3100 Camino Del Rio Ct., Bakersfield, CA www.aa.org		
January 18	PI/CPC Annual Meeting & Speaker Workshop, 1 pm - 3 pm, Fort Mason, Bldg. C Room 260		
January 19	Sinbar Group Pie & Ice Cream Social / 30th Anniversary Party, 8 pm St. Finn Barr Church, 415 Edna/Hearst		
January 22	12th-Step Workshop, 6:30 pm, Central Office, 1821 Sacramento St. SF CA (415) 674-1821		
January 24-26	10th Shasta WinterFest, Red Lion Hotel, 1830 Hilltop Dr., Redding, CA		
February 13-16	39th International AA Women's Conference, DoubleTree Hotel, Seattle Airport, Seattle, WA www.iwc2003.org		
February 14-16	2003 Spring Fling, Double Tree Hotel, 2001 West Point Way, Sacramento, CA		
February 21-23	8th Thailand Roundup, Montien Hotel, Pattaya, Thailand www.aathailand.org		
March 21-23	Northern California Council of AA 56th Spring Conference, Radisson Hotel, 2233 Ventura St., Fresno, CA		
March 28-30	31st Hospital and Institution Conference, Milpitas Community Center, 457 East Calaveras Blvd., Milpitas, CA		
April 18-20	31st North Shore Roundup Hyatt Regency Hotel, Vancouver British Columbia Canada www.northshoreroundup.com		
July 16-20	47th Florida State Convention, The Registry Resort Naples, Florida www.floridastateconventionofaa.com		

## January 2003







## This Month in AA History

January 24, 1918 - Bill W. marries Lois

January 16, 1919 - 36 states ratified constitutional amendment for prohibition (Prohibition ended Dec. 5, 1933)

January 1944 - Dr. Harry Tiebout's first paper on the subject of "alcoholics anonymous"

January 5, 1945 - S.F. Fellowship of A.A. acquires a State Charter

January 27, 1947 - First Central Office opens at 693 Sutter St.

January 24, 1971 - William Griffith Wilson, cofounder of Alcoholics Anonymous, dies at Miami Beach, Fla.





## **NEW MEETINGS**

M-F M-F M-F M-Th M-F M-F Tue	6:00 am 7:45 am 10:00 am 12:00 pm 3:30 pm 5:30 pm 7:30 pm	Financial Financial Financial Financial Financial	SEVEN SEAS GROUP Seven Seas Club, 215 Leidesdorff/Commercial (Near Pyramid Bldg.) SEVEN SEAS GROUP Seven Seas Club, 215 Leidesdorff/Commercial (Near Pyramid Bldg.) SEVEN SEAS GROUP Seven Seas Club, 215 Leidesdorff/Commercial (Near Pyramid Bldg.) SEVEN SEAS GROUP Seven Seas Club, 215 Leidesdorff/Commercial (Near Pyramid Bldg.) SEVEN SEAS GROUP Seven Seas Club, 215 Leidesdorff/Commercial (Near Pyramid Bldg.) SEVEN SEAS GROUP Seven Seas Club, 215 Leidesdorff/Commercial (Near Pyramid Bldg.) TUESDAY MEN'S GROUP 1550 5th Ave./E St. (Discussion, Men's, Step Study)
			MEETING CHANGES
All Mon Wed Wed Thu Thu Fri M & V	1:30 pm 12:00 pm 6:15 pm 7:30 pm 8:30 pm 8:30 pm 8:30 pm 12:00 pm V 12:15 pm	Financial Financial Outer Sunset Noe Valley San Rafael San Anselmo Terra Linda Financial SF State	All 1:30 pm meetings at Old St. Mary's will be moving to the Seven Seas Club at 215 Leidesdorff NOONERS Now at 57 Post/Montgomery, Rm. 404 (was at Old St. Mary's) WEDNESDAY WOMEN'S BIG BOOK 1750 29th Ave/Noriega - Now at 6:15 pm (was at 7:15 pm) MIRACLES OFF 24TH ST. Now at 665 Elizabeth, Science Rm. (was at 735 Diamond/24th) LOS RANCHITOS Now at 1411 Lincoln Ave./Paloma (was at Faith Lutheran Church) THURSDAY NIGHT MIRACLES 72 Kennsington, Rm. 203 - Now a Book Study (was Speaker Discussion) FREEDOM FINDERS Still at 1100 Las Gallinas/Los Colindas until further notice FRIDAY BIG BOOK Now at the Seven Seas Club at 215 Leidesdorff/Commercial (was at Old St. Mary's) SOBER AT STATE - Will not meet Dec. 18 - Jan. 23. Will resume Jan. 27, 2003
			NO LONGER MEETING
Mon	6:00 pm	SOMA	MOSCONE CENTER BYOB 88 Perry/3rd & Harrison

Mon	6:00 pm	SOMA	MOSCONE CENTER BYOB 88 Perry/3rd & Harrison
Sat	4:00 pm	Pacific Hts.	GRAB BAG Pierce/Clay
Sat	4:00 pm	Novato	THE BARNYARD GROUP 680 Wilson, Novato Youth Center
Sun	12:00 pm	Novato	SUNDAY NORTH MARIN SPEAKER 680 Wilson, Novato Youth Center



Please Note: The Central Office occasionally receives reports that meetings listed in our schedules are actually not there. Sometimes these reports turn out to be mistaken—and sometimes they are not. The office relies primarily on information that is given to us by AA groups, but when a group disbands, informing the Central Office is a common omission.

If you know anything about a meeting that is reported missing, please call the Central Office immediately (674-1821). If we hear no objections during the month following publication here, the meeting will be assumed disbanded, and removed from the schedule. Thank You!

## Speaker Tape Library



Would you like to listen to Bill W. (co-founder), Bill W. from Lake Tahoe, Bill F. from Loraine, OH, Bill H. from Franklin, TN, Bill S. from Atlanta, GA or Bill S. from Avon Park, FL? How about Dr. Bob (co-founder), Bob B. from St. Paul, MN, Bob E. from Los Angeles, Bob O. from Denver, CO, Bob P. from New York, NY, Bob S. from Summit, NJ, or Bobby C. from Philadelphia, PA? How about Ebby T., Archie T. ("The Man Who Mastered Fear"), Jimmy T. Linda T., Lora T. Father Tom, Father Leo, Sister Bea, Ray V. or Stevie Ray V.?

You get the idea; we have a lot of speakers! Did you know that Central Office maintains a speaker tape library? This project started up almost six years ago with AA members donating tapes from their personal collections and bringing tapes back from AA Conventions. We initially had about 300 tapes and started out with a

\$4.00 deposit. The deposit was later reduced to \$1.00. We had purchased a much-needed duplicator after a while but by then we had already lost about 80 of our original tapes, never to be returned. We now duplicate the original tape and keep the original as our backup in case we need to make a new copy.

We currently have 690 tapes available to check out. You can borrow up to six tapes for two weeks at a time. Each tape requires a refundable deposit. Starting January 2<sup>nd</sup> the deposit will be \$3.00 per tape due to the significant increase in tapes not being returned. Currently, there are over 200 tapes that have not been returned. We hope that the increase in the deposit amount will add incentive to returning tapes on time, while still remaining affordable enough to check out.

If you have any AA tapes that you would like to donate or time to help maintain our tape library, please give us a call or stop by the Central Office.





## **Group Speakers for January**

## FRIDAY ALL GROUPS

1101 O'Farrell, St. Mark's (basement), San Francisco Friday, 8:30 pm

Signed for the hearing impaired

DATE	HOST GROUP	SPEAKER	HOME GROUP
1/3	Rose Garden BB	Ted R.	Friday All Groups
1/10	Big Book Study	Lisa J.	Mission Terrace
1/17	Boys Night Out	Leslie F.	How It Works
1/24	TBA	Judith K.	Ea. Day A New Beg.
1/31	Friendship Group	Robert C.	Mission Terrace

## FOUR FORTY NINERS

Slovenian Hall, Vermont & Mariposa Friday, 8:00 pm

Date	Speaker	Home Group	Sobriety
Jan. 3	Joe E.	Fort Mason	4/1/99
Jan. 10	Karen	Fort Mason	2/7/92
Jan. 17	Betty M.		
Jan. 24	Richard C.		
Jan. 31	Harry	Fort Mason	8/18/79

## TUESDAY DOWNTOWN

St. Mary's Cathedral, Geary & Gough, San Francisco Tuesday, 8:30 pm (except 24th & 31st at 7:30pm)

DATE	SPEAKER	<b>HOME GROUP</b>	Sobriety
Jan. 7	Ben W.	Too Early	12/12/70
Jan. 14	Si P.	Too Early	1/14/64
Jan. 21	Ted R.	Friday All Groups	1/1/85
Jan. 28	Craig J.	10 AM Beginners	2/2/94

# www.aasf.org Goes Live!!

Please update your web browser Favorites and Bookmarks on January 1, 2003 to reflect our new URL, www.aasf.org. This eliminates the confusion of remembering where all the hyphens belong and the need to explain that "dot-info" does not need to be followed by "dot-org" to many callers. It costs less to register only one URL and requires less effort to maintain one site. We also anticipate less downtime with this change. Our old URLs will point to the new location until their registrations expire in the coming year.

This change was brought about by the Website Committee to simplify accessing local AA and to enhance the site's features. In addition to meeting schedules for San Francisco and Marin, the site now displays contact information for A.A. Intergroups and Central Offices in the Bay Area, Al-Anon, and A.A. World Services. A member information section has been added with a calendar of service meetings and addresses for group contributions. Change "info" to "org" in your email address book to keep in touch with us.

The Website Committee is considering other improvements and welcomes participation from the fellowship. Technical skills are not required for service on the committee. For information on the next Committee meeting, Thursday, Jan. 16, contact Central Office during regular business hours.



PI/CPC WILL HOLD
IT'S
ANNUAL
MEETING
&
SPEAKER
WORKSHOP

JANUARY 16 at 1 PM - 3 PM

FORT MASON, BLDG. C, ROOM 260

All *open* speaker (or speaker/discussion) meetings are welcome to publish their month's listing in The Point. The deadline for submission of the information is the **15th** of the month preceding publication. Please call Maury at Central Office, 674-1821.

# The First 164 pages

Often when I hear these words I roll my eyes. The entire sentence is, "The program of recovery is contained in the first hundred and sixty-four pages of the Big Book, <u>Alcoholics Anonymous</u>." This bothers me not because I have a problem with the Big Book, but because I often think that this disclaimer belittles the wealth of conference-approved literature that is available to help us with all aspects of recovery.

Some of this other literature contains very important information that can't be found in the "First 164," such as the pamphlet "Problems Other Than Alcohol" which resolves many conflicts surrounding the mention of other drugs in A.A. meetings—problems which have proven to be thorny issues for many groups. The first 164 pages of the Big Book don't mention either sponsorship or the Twelve Traditions, which are very important parts of the A.A. program of recovery that *I* practice.

Ultimately, it's a semantic question. I don't *really* believe that anyone mentioning that the program of recovery is contained in the first 164 pages of the Big Book means to devalue the other conference-approved literature. But it does stick in the back of my mind and I occasionally bristle with rebellion when I hear this phrase.

There's a meeting which I attended regularly, before I moved to the farthest corner of the city from that meeting, which is a Step Meeting where each week one of the chapters from Twelve Steps and Twelve Traditions is read and discussed. It makes me smile (yes, and roll my eyes) when the secretary of this meeting, which uses the 12&12 to study the steps, reads from the format, "The 12&12 was created to give us a better understanding of the Steps, but the program of recovery is contained...." You can guess the rest of the sentence. I've wondered wryly if someone somewhere is afraid that people might be staying sober by working the steps as they're found in the 12&12. It does seem to place the 12&12 into a position of lesser importance.

About a year ago, I ran into someone at a meeting whom I had not seen in some time. When I asked how she was, she told me that she was upset. We'd read Doctor Bob's Nightmare from the Big Book at that meeting. With more than ten years sober, this woman calls herself an atheist; she does not call her Higher Power "God" and does not identify with any organized religion. She told me that she'd been offended and put off by the passage where Bob tells us that he feels sorry for atheists, agnostics, skeptics, and people with "any other form of intellectual pride." She hadn't thought about that passage in some time and it bothered her to be derided

by Steve S.

so by the Big Book itself.

We talked for a few minutes about the chapter "To Agnostics," about the ideas passed to A.A. through <u>The Varieties of Religious Experience</u> and about how inclusive A.A.'s definition (or lack of definition) of "Higher Power" is. Turning to the passage itself, I noticed something that my own pride almost stopped me from mentioning.

I noticed that the passage in question is on page 181 in the Big Book. Doctor Bob's Nightmare begins on page 171. I pointed this out and said the same words at which I'd bristled so many times: "The program of recovery is contained in the first hundred and sixty-four pages of the Big Book, <u>Alcoholics Anonymous</u>." Doctor Bob's experience, strength, and hope are vital to us as recovering alcoholics, but as wise as his words are, even Doctor Bob does not speak for the fellowship of Alcoholics Anonymous. The stories in the back are given so that we may identify with others and expand our understanding of our disease and the program of recovery, but the actual program of recovery is found elsewhere, in those "first 164."

As it turned out, this was the key for her that day. Though we both have tremendous respect and gratitude for Dr Bob, ultimately his words are his own opinion, not the voice of the fellowship. Therefore even identifying as an atheist, my friend's quarrel was with the words of one fellow member who was entitled to his own opinion, not with the fellowship of Alcoholics Anonymous. With this perspective, those few words in the Big Book became much less troublesome for her.

Until that day it had not occurred to me that distinguishing the "first 164" from the stories in the back might serve a useful purpose. Today when I hear those words I may still smile and even roll my eyes, but I also remember the day when those words helped carry the message to a fellow suffering alcoholic.



The Sinbar Group of Alcoholics Anonymous will hold it's annual Pie & Ice Cream Social



This event marks the meeting's
30th Anniversary!!
There will be a Speaker meeting
followed by dessert



January 19th, 2003 at 8:00 pm 415 Edna/Hearst



# Dear Alky

## This is only one drunk's opinion. For a more in depth discussion, CALL YOUR SPONSOR!

## Dear Alky,

I have been clean and sober for five years, have a sponsor and have worked the steps. Now I find myself in a dicey position: I have a serious crush on a newcomer. I really want to do something about it. Should I?

### Signed, HALT?

Dear HALT?,

I have yet to find anything in our founders' literature that prohibits newcomers dating *or* dating a newcomer, so "technically" you're off the hook.

However, you really need to get rigorously honest with your sponsor (or another trusted friend) about a) your motives, b) your expectations, and c) the possible consequences of moving forward on this crush, for both you and the newcomer. After all, we are now in the business of decreasing wreckage in our lives and the lives of others, right?

So, talk it through, pray on it, and trust God. If it's meant to be, you don't need to rush it; and if it's not meant to be, why not try to get those...(ahem)...basic human needs.... met elsewhere?

Good luck,

Alky

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### Dear Alky,

The hair stands up on the back of my neck when I hear the Lord's Prayer at the end of AA meetings. How can I get the point across that AA isn't a Christian organization?

#### Signed, SF Sober Buddhist

Dear SF Sober Buddhist,

Let's look at this one from the point of "acceptance of what we can't change and courage to change what we can."

You're right, AA is not a Judeo Christian fellowship, but it does have a history of being founded in a predominantly Christian country and therefore some Christian prayers and ideas have made their way into the AA philosophy. I'm afraid this is where you're going to need to practice some acceptance.

There are so many areas, though, where you can practice "the courage to change." Attend your group's business meetings and bring the issue up for a vote. Clearly state your own conscience and then let the group conscience decide. This exact issue occurred in my old home group several years ago. There was a vocal minority of us who wanted to end the meeting with the Serenity Prayer, but alas, we lost the vote - most



group members wanted to say The Lord's Prayer.

My group continued to say The Lord's Prayer and I continued to stand and hold hands but *not* voice the prayer (at all). In this way I could attend this group without resentment (it was, after all, my most favorite meeting on the planet), yet also retain a sense of dignity (I wasn't pretending to be comfortable with something I was not comfortable with).

To this day I go out of my way to welcome newcomers who appear to be scared off by the Christian prayers or language, and occasionally I speak up at the group level on this issue. However, for the most part I have learned to accept the situation as it is, just for today.

Good luck,

Alky

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

## Dear Alky,

I am one of those alcoholics who does not like to hug! I know we're unusual, but we're out there. What can I do to keep the huggers away?

### Signed, Space Queen

Dear Space Queen,

Not only am I one of those alcoholics who sometimes forgets this very fact and does the automatic AA hug - but I'm also periodically one of the members who doesn't want hugs on some days (or from certain people) – this is a topic that *could* be discussed more in AA. I have heard AA members' distressed comments about "creepy" hugs from other AA members.

It may be scary, but if not hugging is a need or preference of yours, *you* are the one who needs to speak up about it – either at the group level or with the individual offenders/creepoids. Your sponsor may be able to help you with a non-offensive way to deal with this. However, if the situation really is intolerable to you, you need to put your foot down...firmly. After all, this is Alcoholics Anonymous, where we learn to be true to ourselves, not the "polite society.

Good luck,

Alky 1

If you have a question for Alky, please send to:

Alky C/O Central Office 1821 Sacramento St. San Francisco, CA 94109-3528 *OR* 

E-Mail it to: ThePoint@aasf.org



## My First Service Commitment

Ву

I had been sober about 3 or 4 months when my sponsor gently encouraged me to volunteer to be one of two coffee makers for my Wednesday night meeting. My head went crazy. I didn't want to say 'no' because I was sure Bob would no longer be my sponsor. He hadn't said that but I was still sure it was true. And the idea of people not liking the coffee I had made and of being displeased with the cookies I had bought terrified me. After a couple of weeks of obsessing, telling Bob "I'm thinking about it", I said, "Yes". The other coffee makers' name was Steve. We exchanged phone numbers and agreed to meet at the grocery store before next week's meeting. Steve had been a coffee maker before so that first week he took the lead in buying supplies and in making the coffee. During the meeting I was so worried about whether or not someone was going to complain, that I felt like I missed the meeting. But nobody did complain about the coffee or the tea or the cookies. Boy, was I relieved.

The next Wednesday I had to work late and wasn't going to be able to get to the meeting to make coffee. I called my sponsor to ask what I should do. He told me to call Steve and tell him. I did and Steve made the coffee by himself that week. For the next several weeks all went well except that I had to rush from work to get to the grocery store on time to meet Steve. As a consequence I didn't get to eat dinner before the meeting and when I get hungry, I get cranky. I started to resent the meeting for making me miss my dinner. Of course I didn't tell anyone about this growing resentment. Then Steve called me one Tuesday and said he wasn't going to be able to attend the next

day's meeting. All of my coffee making anxieties resurfaced full force. I went to the grocery store Tuesday night, purchased all of the supplies, and brought them to work with me the next day. I didn't sleep well that night and left work early that Wednesday. The coffee was ready before the meeting started, as was the water for tea. The cookies were put out and all went well. Nobody complained and by the end of the meeting I had spent so much time worrying that I was a nervous wreck.

When I got home I called Bob and told him I was going to quit being coffee maker. He asked why. I told him about my resentment about not being able to eat before the meeting and all the anxiety I had experienced that evening having to make the coffee by myself. He listened and told me that whatever I decided was okay with him. Bob also told me that if Steve were unable to help in the future, that he would help me. He suggested that I wait until the next morning, after I had had a good night's sleep to make the decision. We agreed that I would call him the next morning and make the decision then. I did feel better the next morning and when I spoke with Bob I asked him if he really would help make coffee if Steve wasn't available and again he said, "Yes." I said, "But I still have to do it without dinner." And he said I could buy something to eat grocery store and eat it while making coffee." I didn't know what to say and so I said "Okay".

I finished that commitment. Bob did help me to make coffee when Steve couldn't be there. I ate deli sandwiches for dinner (Continued on page 10)



# Literature Review: DAILY REFLECTIONS

This column is new to The Point and will be on-going with various contributions covering available and all new A.A. literature, both conference and non-conference approved. Being the first reviewer allows me to pick from the wealth of information out there to assist us with our program.

From our main guide, the Big Book, we are told to get in touch with our Higher Power "immediately upon awakening" - not after breakfast, not after showering, not after whatever, but "immediately upon awakening". What better way than with a copy of *Daily Reflections* at the side of your bed? One page for each day, just one day at a time.

"At the top of each dated page is a quotation from such sources as Bill W. in *Alcoholics Anonymous*, *Twelve Steps and Twelve Traditions*, *A.A. Comes of Age*, *As Bill Sees It*, and *The Best of Bill*; Dr. Bob from *Dr. Bob and the Good Oldtimers*; and other A.A. Conference approved literature.

"Following each quote is a personal reflection, by an individual A.A. member, on the quotation. A request to the entire A.A. Fellowship produced over 1,300 submissions. The A.A. members selected for inclusion are not professional writers, and speak, of course, not for the Fellowship but for themselves-one A.A. member writing to other A.A. members". (Reprinted from the Foreword with permission of A.A. World Services, Inc.)

The book focuses on our Three Legacies: Recovery (the Steps), Unity (the Traditions), and Service (the Concepts) - three sides to the equilateral triangle, which is part of our symbol. *Daily Reflections* comes in the regular pocket size that we are most familiar with and is now also in LARGE PRINT for those of us who don't want to reach for our glasses first thing in the morning. Both are available as the Central Office bookstore at 1821 Sacramento St., San Francisco, CA for \$6.25 and \$6.75 respectively.



# **AA Group Contributions - November 2002**

## Intercounty Fellowship of Alcoholics Anonymous - San Francisco and Marin Counties

Date	Group	Amount	Date	Group	Amount
FELLOWSHIP	GROUP CONTRIBUTIONS		SF- GROUP CO	ONTRIBUTIONS, Cont.	
11/11/2002	4th Step Workshop	67.00	11/22/2002	High Steppers W 7pm	144.00
11/20/2002	Brisbane Breakfast Bunch Su 11am	24.40	11/18/2002	Hot Java F 10pm	65.00
11/07/2002	IFB November 2002	75.88	11/12/2002	Join The Tribe Tu 7pm	66.60
11/26/2002	Marin Teleservice	500.00	11/12/2002	Lincoln Park Sa 8:30pm	48.13
Total FELLOWS	SHIP GROUP CONTRIBUTIONS	667.28	11/04/2002	Midnight Meditation Sa 12am	13.57
MARIN - GROU	UP CONTRIBUTIONS		11/04/2002	Midnight Meditation Sa 12am	24.00
11/06/2002	7am Urgent Care Group Daily 7am	100.00	11/27/2002	Mocha Th 12:10pm	55.83
11/15/2002	Bolinas Discussion M&W 8pm	50.00	11/13/2002	Monday Steps & Traditions M 12:10pm	84.15
11/07/2002	Bounce Back M 6pm	146.00	11/13/2002	New Hope Big Book M 6:30pm	59.85
11/14/2002	Caledonia Su 8pm	127.52	11/12/2002	New Life W 7pm	69.00
11/11/2002	Day At A Time Daily 6:30am	1,200.00	11/06/2002	One Liners Th 8:30pm	289.80
11/01/2002	Intimate Feelings Sa 10 am	50.00	11/25/2002	Parkside Th 8:30pm	120.00
11/07/2002	Island Group Th 8pm	128.40	11/07/2002	Pinehurst Tu 7:30pm	200.00
11/18/2002	M. V. Original Smokeless Step Study Th 8pm	150.00	11/07/2002	Point Blank F 12:10pm	29.00
11/21/2002	Marin Valley Gay	50.00	11/12/2002	Rule 62 W 10pm	30.00
11/22/2002	Monday Night Stag M 8pm	775.00	11/19/2002	Salty Seadogs & Mermaids Su 2pm	10.00
11/22/2002	Nativity Monday Night Big Book M 8pm	70.00	11/25/2002	Seacliff Th 8:30pm	14.40
11/04/2002	Noon Hope F 12pm	67.98	11/25/2002	Seacliff Th 8:30pm	86.40
11/20/2002	Novato Wednesday Noon W 12pm	80.00	11/15/2002	Seacliff Th 8:30pm	10.00
11/12/2002	On Awakening Group Daily 5:30am	350.00	11/04/2002	Sober & Centered F 7pm	70.74
11/06/2002	Rise N Shine Su 10am	38.30	11/26/2002	St. Francis Men's F 8:30pm	54.00
11/27/2002	S.G. Valley Speaker Discussion F 8pm	109.24	11/20/2002	Sunday Bookworms Su 7:30pm	120.00
11/18/2002	Serendipity Sa llam	240.00	11/06/2002	Sunday Sunrise Su 7am	19.00
11/20/2002	Sober & Serene F 7pm	125.00	11/12/2002	Sunday Sunrise Su 7am	11.00
11/04/2002	Street Fighters Sa 9am	17.10	11/14/2002	Sunset 9'ers Su 8am	214.00
11/26/2002	Survivors M 12pm	34.00	11/01/2002	Sunset 9'ers Th 9am	66.55
11/20/2002	T.G.I. Tuesday Tu 6pm	36.50	11/06/2002	Sunset 9'ers W 9am	38.29
11/01/2002	Terra Linda Thursday Night Stag Th 8pm	400.00	11/25/2002	Too Early Sa 8am	258.62
11/12/2002	Tiburon Haven Su 12pm	240.00	Total SF- GRO	UP CONTRIBUTIONS	5,133.66
11/11/2002	Women On Wednesday W 7pm	61.57	SF - GROUP G	RATITUDE	
Total MARIN -	GROUP CONTRIBUTIONS	4,646.61	11/27/2002	Acceptance Group M 5:30pm	30.00
MARIN - GROU	UP GRATITUDE		11/27/2002	All Together Now Th 8pm	47.90
11/22/2002	Sunday Friendship Su 7pm	36.00	11/26/2002	Buena Vista Breakfast Su 12pm	86.70
11/25/2002	Sunday Friendship Su 7pm	9.35	11/27/2002	Creative Alcoholics M 6pm	45.33
11/27/2002	Women On Monday M 7pm	28.34	11/26/2002	Federal Speaker Su 12pm	70.00
Total MARIN -	GROUP GRATITUDE	73.69	11/20/2002	Greenhouse Meditation Sa 5pm	150.00
SF- GROUP CO	ONTRIBUTIONS		11/14/2002	High Noon Tuesday Tu 12:15pm	29.70
11/27/2002	Acceptance Group M 5:30pm	57.55	11/20/2002	High Noon Tuesday Tu 12:15pm	26.00
11/27/2002	All Together Now Th 8pm	146.40	11/27/2002	Mocha Th 12:10pm	35.50
11/01/2002	Buena Vista Breakfast Su 12pm	21.60	11/26/2002	No Reservation M 12pm	100.43
11/26/2002	Buena Vista Breakfast Su 12pm	73.68	11/25/2002	Parkside Th 8:30pm	33.50
11/08/2002	Design For Living Sa 8am	297.00	11/19/2002	Seacliff Th 8:30pm	11.00
11/12/2002	Design For Living Sa 8am	346.94	11/25/2002	Seacliff Th 8:30pm	10.00
11/22/2002	Each Day A New Beginning M 7am	562.38	11/26/2002	Sunday Rap Su 8pm	30.00
11/04/2002	Each Day A New Beginning Tu 7am	452.86	11/20/2002	Sunday Sunrise Su 7am	12.28
11/11/2002	Endless Summer F 8:30pm	85.23	11/12/2002	Sunset 9'ers Th 9am	33.30
11/18/2002	Experience, Strength & Hope W 7:15pm	267.84	11/25/2002	Sunset 9'ers Th 9am	21.55
11/26/2002	Federal Speaker Su 12pm	132.00	11/19/2002	Sunset 9'ers Th 9am	22.75
11/11/2002	Fell Street Step Su 8pm	35.79	11/26/2002	Time To Start Living Th 3pm	10.00
11/06/2002	Garden Speaker Discussion Th 8:30pm	54.93	11/26/2002	We Care Tu 12pm	67.31
11/06/2002	Greenhouse Meditation Sa 5pm	198.92	11/15/2002	Welcome Aboard F 8:30pm	13.00
11/20/2002	High Noon Friday F 12:15pm	91.51		OUP GRATITUDE	886.25
11/07/2002	High Noon Tuesday Tu 12:15pm	37.10	i i i i i i i i i i i i i i i i i i i	TOTAL - ALL CONTRIBUTIONS	11,407.49
	· / 1				,



# **Spotlight on the Ninth Step Promises**

by Irene K.

Each year The Point committee selects a series of topics to discuss in article format. In 2002, Ben N. graciously wrote articles each month highlighting the 12 Concepts for World Service. The 2003 series will focus on the 12 Ninth Step Promises that are presented on pages 83-84 of the 4<sup>th</sup> edition of the Big



Book (as well as read aloud at many Bay Area meetings). As coordinator for the series, I will kick-off with the first Ninth Step Promise, and then arrange for writers for the following eleven promises. It should be an exciting and insightful series and we hope you "stay tuned" for each installment.

AA members are often as familiar with the 12 Ninth Step Promises as they are the 12 Steps or the 12 Traditions. Newcomers listen intently, most in disbelief that so many good things may come to pass in time... even for them! But when they look around and see a room full of nodding heads and smiles, they start to believe the promises may even come true for them one day. Newcomers begin to feel a life-saving hope.

January highlights the first Ninth Step Promise: "If we are painstaking about this phase of development, we will be amazed before we are halfway through."

This particular promise brings a smile to my face, as I remember the variety of ninth step amends I've undertaken in thirteen years of sobriety. As a sport-shoplifter during my teenage drinking years, I needed to repay too many small stores to count. My sponsor recommended I pray on an amount and, over time, pay back all that was owed choosing a charity instead of going back to each store. I also phoned the college where I studied in the late '80s and donated money to cover the cost of a late night's worth of vandalism. I sent money to a past employer, a man who was an alcoholic who beat his wife and kids, for all the

(Continued from page 8)

on Wednesdays. I learned to meet and to talk to many members at that Wednesday night meeting during the coffee break. I learned to ask for help. I learned to not make decisions when I am hungry and tired. I learned to tell my sponsor what I was thinking and feeling before taking action. I discovered that he listened well, did not judge me, and had very practical useful suggestions for me to use. And I began to learn that the fear thoughts in my head are just that and nothing else.

booze and food I'd stolen from him. That one stretched my skin and forced me to see that all I could do was clean up my side of the street, and continue to pray for him and his family.

However, where I have had to be the most painstaking (thorough, diligent, persistent) are in my "living amends." My spon-

sor showed me that what I was to do from then on was to be a decent, kind and loving sister, daughter, friend, niece, grandkid, employee and citizen of the planet. Now, this sounded like a lot of work – it was, and it still is. This was no easy "I'm sorry," but a full-scale attempt not to repeat the patterns that got me into trouble in the first place. The living amends continue to this day, and I expect they will until I die.

Have I been amazed in the midst of all this Ninth Step work? Yes! After several years of practicing these living amends (and the "I'm sorry" ones, too), I looked around and noticed that every single one of my relationships had improved.... and dramatically. My family, from whom I'd escaped early in sobriety, has proven to be, for the most part, a fine bunch of individuals (surprise, surprise). My work environment is much more pleasant when I can practice honesty and integrity at the office (that means working for what I earn and not using supplies for my own personal use, among other things).

The Eighth and Ninth Steps are full of magic and growth. Don't worry, newcomers, there are seven steps that precede them. By the time you get there you'll see steps Eight and Nine are designed for your personal growth, happiness, usefulness, and most of all – freedom. As our Book says – It works, it really does!

## **First Things First**

This slogan didn't make sense to me when I first entered the rooms and saw it taped to the wall of an AA meeting. What did it mean? Well, I soon found out that after "the honeymoon" of the initial A.A. experience wore off, there was life to attend to. The many ups and downs of living can throw me off balance and I learned that I could face anything as long as I kept First Things First — don't drink over it. My sobriety comes first in all that life can throw at me. This slogan is now a very powerful and important part of my sobriety.



# **IFB Meeting Minutes**

The IFB is the Board of Directors for our local AA Central Office (San Francisco and Marin Counties)

Regular Monthly Meeting Intercounty Fellowship Board Star of the Sea, 180 Harrison St., Sausalito, CA Wednesday November 6, 2002

1. Meeting opened with the Serenity Prayer.

- Roll Call: Joe G., Recording Secretary called the roll
- 2. Meeting call to order: Statement of purpose. Ben N., IFB Chair, 4. Review of Agenda: The Agenda was approved. reads Statement of purpose.

Name	Group		Name	Group	
Ben N.	Sunset Speaker Step	P	Julia D.	Castro Discussion	P
Bill R.	Early Start	A	Julia W.	Friendship Group	A
Charles M.	Federal Speaker	P	Julie H.	Terra Linda	P
Clay K.	Cocoanuts	A	Justin S.	High Noon - Wed.	P
Craig W.	Fireside Chat	P	Larry F.	Mid-Morning Support	A
Dan C.	Tiburon Haven	A	Leslie F.	How It Works-Sat	A
Dan L.	Artists & Writers	P	Li L.	Work in Progress	P
Danny F.	Each Day A New Beginning	P	Lindsay B.	Walk of Shame	A
David B.	Beginners Warm Up	P	Lisa M.	Friday All Groups	A
David C.	Sunday Friendship	P	Mark C.	Sunday Night Candlelight	P
David P.	The Sunset 9ers	P	Mollie B.	Joys Of Recovery	A
Dick T.	Attitude Adjustment Hour	P	Pat M.	Sat As Bill Sees It	P
Doug F.	No Reservation	P	Paul C.	Waterfront	P
Doug S.	As Bill Sees It - Thursday	A	Pene P.	CLAADAAGH	P
Ellen C.	Big Book Basics	P	Ray M.	Sunday Rap	P
Frank B.	Each Day A New Begin., Sun	P	Russell G.	Midnight Meditation	P
Irene K.	Bernal Big Book	P	Sam W.	Monday Night Stag	P
J. E.	Friendly Circle Beginners	A	Samuel S.	Too Early	A
Jacob M.	Home Group	A	Smithy B.	Ten Years After	P
Janet B.	Thursday Night Women's	P	Steven S.	Tuesday Downtown	P
Jason S.	Sesame Step	A	Tim McC.	Join The Tribe	P
Jay H.	Gay Beginners	P	Timothy G.	7AM As Bill Sees It	P
Jean C.	First Place	A	Todd M.	Rule 62	P
Jim D.	Happy Joyous & Free	P	Tom K.	Common Welfare	A
Jocelyn R.	Sunset 9'ers Tuesday	P	Zoe B.	Mill Valley 7AM	P
Joe G.	Wednesday Beginners Mtg	P			
			Non-IFB Liaisons Present	Non-IFB Liaisons Present	
New IFB Reps Present			George S.	San Francisco General Service	P
Gretchen F.			Joe G.	Marin Teleservice	P
Jason A.			Ken C.	Marin General Service	P
Rick P.			Kent T.	San Mateo Fellowship	P

- 5. Approval of October Minutes. The Minutes were approved.
- 6. IFB Standing Committee Reports

Teleservice: No report was given.

PI/CPC: Deborah D. submitted a written report. PI/CPC encourages members to attend their monthly meeting. There were 5 DUI classes in October, 10 High School level classes and 4 University level classes, and two speaker workshops hosted by PI/CPC; one at the Central Office on Oct. 3<sup>rd</sup> and one on Nov. 2 during Unity Day. There were also two Special Events/Outreach during October. At its October meeting, the PI/CPC Committee members discussed the IFB's proposed meeting schedule change. It was agreed that the schedule change would have little impact on the primary purpose of the PI/CPC committee.

7. Group Rep Reports.

a.Tuesday Downtown. Steve S. reported. Tuesday Downtown (Continued on page 12)



(Continued from page 11)

meeting will have no Beginners meeting on Dec. 24 or Dec. 31. The regular meeting will be at 7:30 instead of its normal time at 8:30 on those same dates only due to Holiday services by the Church.

- 8. Non-IFB Liaison Reports:
- a. General Service, SF: George S. reported. Nov. 2<sup>nd</sup> is Unity Day. Nov. 9<sup>th</sup> is the CNCA Winter assembly. Nov. 12<sup>th</sup> is the SF General Service Meeting. There will be an election assembly for District Officers.
- b. General Service-Marin: Ken C. reported. There was a Housekeeping motion for Marin to host assembly in 2004. There was a discussion on problems other than alcohol, but no action or recommendations were made. MGS had further discussion on the new schedules being proposed in San Francisco and whether Marin would participate. Marin reps are still getting feedback from groups. Costs are a concern
- c. Teleservice-Marin: Casey L. reported. Marin Teleservice is financially sound. Online positions are filled, but back-ups are always needed. The 12-step worker list is being updated. Elections for new Officers in 2003 are this month. Many commitments will be available.
- d. PI/CPC-Marin: No report given.
- e. Bridging the Gap: Peter M. submitted a written report. BTG participated in San Francisco's Unity Day. SF BTG Chair, Peter M. along with Marin Chair, Mike A., made their first presentation at San Quentin on October 7<sup>th</sup> to 22 inmates in their pre-release program. This should continue to happen about once a month. BTG made a presentation at a correctional facility in Alameda County on November 3<sup>rd</sup>. BTG continues to follow up recent requests and in the last month have been able to help 8 alcoholics asking for help in accompanying them to meetings. BTG's next monthly meeting will be November 12<sup>th</sup> at 6:30 P.M. before the regular GSR meeting in San Francisco at St. Marks Church. A new BTG Chairperson will be elected at that meeting on November 12<sup>th</sup>. Call 415-440-9267 or e-mail at sfbridgingthegap@hotmail.com.
- f. Others: Paul *C.* from the Waterfront Group discussed the St. Mary's scholarship program. He also announced the big room at St. Mary's was officially closed for earthquake retrofit. He also announced the opening of the Seven Seas Club in San Francisco, which will open on November 11<sup>th</sup>. The club is located at 215 Leidesdorff Street, in the basement. There will be 8 meetings per day, Monday through Friday, 2-3 on Saturdays and closed on Sundays.

## 9. IFB Reports:

- a.Chair's Report: Ben yielded the Chair's report to David C., who announced there will be an IFB potluck party for the central office volunteers and staff on Thursday, Dec. 12<sup>th</sup>, from 6:00 pm until 8:00 pm. See David C. if you want to help.
- b. Treasurer's Report: Pat M. submitted written report and gave an oral report. Contributions are not meeting expenses. Expenses are higher in 2002 than in 2001. Increases are in employee and rent expenses. There were questions and discussion from the IFB body about accounting practices. No action was taken. Pat announced that November is gratitude month.
- c.Central Office Manager's Report: Maury submitted a written report and gave an oral report. She announced changes in the way that financial reporting will be done in the monthly Point newsletter, beginning in January. Maury also announced the next 12-step workshop is scheduled for Monday, January 20<sup>th</sup> and 7:30 pm. Maury also announced that we are still looking for a volunteer to come in 2-3 days a week to assist with printing, stocking and shipping orders, as well as we are still in need of substitutes to volunteer for the phones.

d. Central Office Committee Report: Smithy B. submitted a written report and gave an oral report. The COC met on October 28<sup>th</sup>. The COC agreed that the treasurer will produce a monthly over budget variance report, to be supplied to the IFB recording secretary to go into the summary recap of each IFB meeting. The IFB participated in San Francisco's General Service Unity Day. Bill R., Vice-Chair, IFB, Smithy B., Chair, COC, Maury P. and Bob B., Central Office volunteer, made presentations. The COC will be reviewing resumes at their next meeting, Nov. 25<sup>th</sup>, for the Treasurer vacancy. Pat M. has agreed to serve as IFB Treasurer until a replacement is found. The COC agreed to poll the IFB for availability to serve. After polling Janet B. announced she was available for the commitment.

- 10. Housekeeping: No report.
- 11. Special Orders of Business (Action Items): None
- 12.Ad Hoc Committee Reports:
- b. Lease Committee: Charles M. gave report. He announced they have selected the San Francisco Elevator Company for the maintenance contract on the wheelchair lift at the Central Office.
- c.Literature Review Committee: Frank B. reported. He announced that the Guide to Group Service has been completed. He announced that the Bill Wilson/Carl Jung letters will be printed at a cost of 10 cents each. The Daily Reflections Book is now being published in a large-print format for \$6.75. Central Office will not carry the 2003 Calendars and Pocket Planners, but order forms are available at the Central Office, or through General Service in New York. The Grapevine has changed from cassette tape to CD format and raised their price. The Grapevine has also raised their minimum order to \$1000. The committee has contacted Grapevine and is in discussion about these changes. Paul C. stated that you can buy anything from New York General Service and Maury P. stated you can buy Grapevine products online.
- d. Bylaws Review Committee: The bylaws are not ready to come back for review yet.
- e.The Point Editorial Committee: Steve S. gave report. He presented the H&I letter describing the Northern California Hospital and Institutions Committee and what they really do. He said the editorial committee is planning on running a cover story in the Point based on this letter, but the article had not been written yet. The Point Editorial Committee meets twice a month. Beginning in January 2003, The Point Editorial Committee will meet on the second and fourth Tuesdays of the month.
- f. Orientation Committee: Ellen C. reported. We had a great Orientation Committee meeting. The next meeting is at 6:30 on November  $27^{th}$ , at the Central Office.
- g. Website Committee: No report.
- h. Schedule Committee: Li L. submitted a written report, and gave a brief oral report. The written report included cost figures for various forms of printed schedules. The present schedule is sold at 5 cents each, which is not covering the cost of producing the schedule. One proposed alternative would cost 9 cents each, plus tax. This would be a new 11"x 17" schedule, with an 8.5"x11" insert. Another option would be booklet with a total cost of about 50 cents each. This booklet would have approximately 64 pages, would have larger print, and would be easier to read. The cost is significantly higher than our present schedule or our other alternative. If you have any questions, contact Li L. at 863-1593 or e-mail him at lilightfoot@phtp.org. Li would like the schedule to be held as an action topic for the December IFB meeting.

(Continued on page 13)



## The Spirit of Rotation: New SF General Service Officers for Panel 53

At its last two meetings, District 06 (San Francisco) conducted elections for the next panel's officers and liaisons for SF General Service. A panel is a two-year term, so all the officers are expected to complete two years in their elected positions. Many deserving candidates made themselves available and through the election process of "third legacy procedure," the new officers listed below were chosen. The third legacy procedure allows all qualified and available members to be considered for election.

## New Officers, Position & Home Group

District Committee Member Chair (DCMC) Brian F. Show of Shows

Recording Secretary - Tom G. Cow Hollow Young People's

Registrar - Sam S. Too Early

Literature - Russell G. Midnight Meditation

Grapevine Chair - Michelle M. Thursday Night Women's Group

Bridging the Gap - Ritchie R. Boys Night Out

H&I Liaison - Robert C. Mission Terrace

IFB Liaison - Todd M. Boys Night Out

Alt. DCMC - Melissa B. Freethinkers

Treasurer - Timojhen M. Sesame Step

Special Events- Jean C. Sesame Step

Mailing Coordinator - Peter K. Join the Tribe

Coffee - Scott B. Home Group

Archives - Melissa Freethinkers

PI/CPC Liaison - Laura B. Sesame Step

Service Manual Study - Paul C. Seven Seas Club

These new officers and liaisons are usually elected from the group of General Service Representatives (GSRs), and most have extensive experience with General Service and service beyond the group level. Our new DCMC, Brian F. and his alternate, Melissa B. served on the previous panel for our district and will be helping to represent us at the Area level. At Area Assemblies (held quarterly) and monthly Area Meetings, the group conscience for our district can be relayed to our Area's Delegate who represents us in New York at the annual General Service Conference, the forum at which decisions that effect AA as a whole are made. To find out more about General Service, call Central Office or come to one of the General Service meetings held at 8:00pm on the second Tuesday of each month in the basement of St. Mark's church at O'Farrell and Franklin.

We hope to present the next panel's officers and liaisons for Marin General Service in February. 🚺

#### (Continued from page 12)

i. Special Needs Committee: Steve S. reported. Tuesday Downtown declined to accept partial funding for ASL at this time. This group cannot remain fully self-supporting if paying for 50% of ASL funding. A motion was made to permanently fund the ASL at 100%. After much discussion, the vote was taken at 17 for, 9 against and 6 abstentions. A motion to reconsider the motion was then made. This motion passed 18 for 0 against and 5 abstentions. After further discussion, the motion to permanently fund ASL was put to a vote once again. This motion failed with the voting 9 for 17 against and 5 abstentions. Joe G. asked Steve S. to present financial documentation for all members of the IFB to review on a written report so a discussion of permanent funding could be had at the next IFB meeting.

- j. Founders Day Committee: No report.
- 13. Old Business
- a. Operations Manual: No report given.
- 14. New Business: The meeting was 45 minutes over the time limit; new business was tabled until December.
- 15. Reading of the 12 Traditions: Zoe B. read the 12 Traditions

The meeting was adjourned at 9:45 pm.

Respectfully Submitted:,

Joe G.,

IFB Recording Secretary

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs."



Intercounty Fellowship of Alcoholics Anonymous 12th Step Workshop With Speaker Gayle D. Wednesday, January 22 at 6:30 pm 1821 Sacramento St.

To help educate and inform the Fellowship, members of Alcoholics Anonymous will share their Twelfth Step work experience. If you are interested in serving in this capacity, please join us for the workshop. Both San Francisco and Marin Counties are seeking men and women willing to share their experience, strength and hope through 12th step work

Please announce the workshop at your meetings! All are welcome!

Call Maury P. at (415) 674-1821 with any questions.



## **CONTRIBUTIONS**

To the Central Office were made through

## December 18

# Honoring the following members

#### **CURRENT MEMORIALS**

Chris S. Jere M.

## ONGOING MEMORIALS

Bob R.W.

## ANNIVERSARIES

Michael F. - 2 Years David P. - 3 Years Richard G. - 20 Years John M - 22 Years

## Endless Summer Group

Aaron - 1 Year

Adrian - 1 Year

Charlie - 1 Year

Will - 2 Yrs.

Jenny -5 Yrs.

Joey - 5 Yrs.

Kris - 5 Yrs.

Mark - 6 Yrs.

Reed - 11 Yrs.

Terri - 14 Yrs.

Thanks to all who honor their sobriety through giving!



## **Recent Deaths**

Adrian C. 13 mos. David F. - 18 mos.

## December 2002 IFB Meeting

The following is an unofficial summary of actions, information, upcoming business, and service opportunities discussed at the December 2002 IFB meeting. It is provided for your convenience and is not intended to be the complete or approved minutes.

#### A. Business Conducted

1. The proposed schedule change for San Francisco was brought to the IFB. A motion was made and seconded to accept the proposed change in concept. The schedule will be in booklet form and cost is estimated to be about fifty cents. This motion passed with 22 voting for, 5 opposed and 8 abstentions.

#### B. Information

- 1. PI/CPC will have its annual meeting on Jan. 18 at Fort Mason from 1 3 pm.
- 2. George S. announced that San Francisco General Service had district elections and presented the names of the new district officers
- 3. Ken *C.* announced that Marin County General Service had district elections and presented the names of the new district officers.
- 4. Joe *G*. announced that Marin County Teleservice will be having elections for new officers at its December meeting.
- 5. Bridging the Gap will have its next meeting December 10th at St. Marks Church, 1101 O'Farrell. BTG is looking for a new chairperson.
- 6. The Spirit of San Francisco is having a New Years Eve meeting with a dance a buffet to follow.
- 7. October donations were up., however year to date we are still not self-supporting.
- 8. The Christmas party for the Central Office volunteers will be on December 12th at the Central Office. The next 12th step workshop is January 22 at 6:30 P.M. at the Central Office. Please contact the Central Office for more information
- 9. Literature Committee announced that we are keeping two types of wallet cards with similar information; one published by AAWS, the other made in house.
- 10. Website announcement! Sam S. announced that on or around January 1st the new website will be www.aasf.org.
- 11. Ellie *C.* announced that the next meeting of the orientation committee for the IFB will meet on Jan. 29th at the Central Office.

#### C. Upcoming Business

- 1. The budget committee announced the 2003 budget is in process. It will be presented next month to the IFB.
- 2. The Revised Operations Manual will be voted on in January.
- 3. Applications for Treasurer are still being accepted; applications that have been submitted are still under review.

## D. Service Opportunities

- 1. SF Teleservice is in need of new coordinators. This is a 2-year commitment and a great way to be of service!
- 2. The Point committee welcomes members of the Fellowship to send in written contributions. Call Central Office for details.

The next IFB Meeting will be at 7 pm on Wednesday, January 8, 2003 at the First Unitarian Universalist Church - 1187 Franklin/Geary SF CA



# **Financial Statement**

OCTOBER 2002 - Intercounty Fellowship of AA

\$6	<b>The Point</b> Subscription Form 6.00 for one year — 12 issu	es!!!
	(Please circle one)	
NEW	RENEW	GIFT
	SE MAKE CHECK PAYAB JNTY FELLOWSHIP OF A ANONYMOUS	
NAME		
ADDDRESS		
	STATE	710

# January 2003

IZZOE 301