

HIDDEN WISDOM OF THE 12 STEPS
Reflections with Terry R.
(hosted by the Wholly Together Wednesday night
Meditation Meeting of Alcoholics Anonymous)

The 12 Steps of recovery incorporate the perennial wisdom of all ancient spiritual traditions. Drawing on the teachings of the Desert Fathers and Mothers of 4th Century Egypt, Terry will discuss how their insights can help us as we work the steps. When we practice the steps on a daily basis we awaken to the beauty of our authentic selves. We trust the goodness and unconditional love of a power greater than ourselves. We make time and space for a relationship with the divine. We are transformed. We find freedom--not only from addictions, but from the habits of thought and misperceptions that trapped us. We see the beauty and possibilities in others. Being truly free we share our hearts in service. What our fellowship, community and our world needs most now is transformed people.

Saturday, November, 16, 2019, 9:00 AM - Noon
St. Paul's Episcopal Church 1123 Court Street
San Rafael, CA 94903

There will be refreshments and a short meditation time for the 11th step. The event is free, but a free-will offering is appreciated to help defray expenses.

For more information please contact Judy R., 12stepevent@gmail.com.