

The Buzz - March 15, 2019

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** The Buzz

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The twice-a-month newsletter of the Intergroup of San Francisco and Marin ☺

Help Wanted: Sunshine Coordinators for SF and Marin

Looking for a great way to be of service?? Bring an AA meeting to members who are unable to get to outside meetings. As a Sunshine Coordinator for Marin or San Francisco, the responsibilities are:

- 1) Receiving meeting requests through Central Office:
 - Contacting member to get pertinent info
 - Sending request through Sunshine database
 - Follow up after
- 2) Facilitating quarterly Sunshine Orientations for new volunteers:
 - Entering data into a web app
 - Following up on details
 - Communicating with members and volunteers

This is a great way to help members stay in the middle of the boat when going through difficult times. Please email sunshine@aasf.org - Thank you!

Intergroup News | March 2019

Please read all about our March 2019 Intergroup meeting here (<https://aasfmarin.org/intergroup-news-march-2019>) ! You'll find our Treasurer's Report, updates from our Committee Chairs, and other relevant discussions.

Here at The Point, we love stories that carry the message. We are growing as a vehicle for local voices in recovery. Bill W. called practicing alcoholics rebellious nonconformists (<http://www.saltlakeaa.org/2015/05/on-tradition-three-editorial-by-bill-w-reprinted-from-the-grapevine-december-1947/>) . Fortunately, our character defects become our greatest strengths once we bring them into balance.

For our March issue, an anonymous writer feels safe enough to try Step 3 after hearing a variety of possible approaches in the rooms. Rick R. (<https://aasfmarin.org/simple-program-complicated-people>) finds a simple program to turn personality liabilities into assets. "Bankrupt idealist that he has been, his ideal is no longer a dream," as Bill W. once wrote for The Grapevine (<http://www.saltlakeaa.org/2015/05/on-tradition-three-editorial-by-bill-w-reprinted-from-the-grapevine-december-1947/>) .

What could be more idealistic than giving it away to keep it? A.A. actively welcomes anyone who walks in the door. Claire A. (<https://aasfmarin.org/giving-it-away-tradition-three>) underscores how alcoholics who fall down repeatedly are still welcomed back into the rooms. And Henry Y. (<https://aasfmarin.org/progress-and-paradox>) 's unpredictable process becomes easier when he remembers to let go of resentment.

John W. (<https://aasfmarin.org/made-a-decision>) describes those of us who preferred our Comfort in the Southern variety, who could be drowning in "Yes, buts" before letting ourselves be hauled out of the drink. Carla H. (<https://aasfmarin.org/behind-the-car-pushing>) finds Step 3 igniting a gentle internal flame—a far cry from the burn of 80-proof booze going down, and without the consequences. We tell our stories, struggle with syntax and photo credits, and hope to show A.A.'s way of life "has its advantages for all" (Alcoholics Anonymous, foreword to the first edition (https://www.aa.org/assets/en_US/en_bigbook_forewordfirstedition.pdf)).

Want to write for The Point? Learn more here (<https://aasfmarin.org/would-you-like-to-write-for-the-point>) ! Check out current issue of The Point here (<https://aasfmarin.org/the-point-current-issue>) .

More info here (<https://aasfmarin.org/event/sf-teleservice-orientation-2>) .

More info here (<https://aasfmarin.org/event/helpchat-orientation-4>) .

Sat, Mar 16 from 12:30 - 3:30pm - San Francisco General Service Agenda Topics Workshop 2019

Those attending can expect the following:

- 1) Help in better conveying to groups what General Service is and why it's important.
- 2) Tools to effectively gather a group conscience - an experience sure to strengthen your group's unity in the process.

Come for the love of service and stay for some light snacks and engaging discussion!

Held at the Urban Life Center (1101 O'Farrell Street).

More info

here (<https://aasfmarin.org/event/san-francisco-agenda-topics-workshop-2019>) .

Sun, Mar 17 from 1:00pm - 4:00pm - West Bay Alano Club St. Patrick's Day Meeting & Feast

Meeting at 1:00pm

Lunch at 2:00pm

Held at West Bay Alano Club (216 Mosswood Way, South San Francisco, CA 94080)

More info

here (<https://aasfmarin.org/event/west-bay-alano-club-st-patricks-day-meeting-feast>) .

More info here (<https://aasfmarin.org/event/st-patricks-day-alcathon-2>) .

Sat, Mar 23 from 5:30 - 8:00pm - 6th Annual Night of Family Recovery

Celebrate family recovery! Alcoholism is a family disease. The main objective of Night of Family Recovery is to bring the fellowships of A.A. and Al-Anon together to celebrate family. All members of the family are welcome, including children of all ages.

Held at Mill Valley Community Center (180 Camino Alto, Mill Valley, CA 94941).

More info

here (<https://aasfmarin.org/event/6th-annual-night-of-family-recovery>) .

If your meeting might like a 10 minute presentation how the Marin PICPC presents to the public and professionals, please email marinpicpc@aasf.org (mailto:marinpicpc@aasf.org? subject=Marin%20PICPC%20March%2028%2C%202019) to discuss!

More info

here (<https://aasfmarin.org/event/marin-pi-cpc-speaker-orientation>) .

More info here (<https://aasfmarin.org/event/el-cerrito-fellowship-52nd-anniversary>) .

Service Committee Opportunities

Sat, Mar 16 from 11:00am - 1:00pm - SF H&I Orientation and Business Meeting

11:00am -

Orientation (<https://aasfmarin.org/event/sf-h-i-orientation/2019-03-16>)

12:00pm - Business Meeting (<https://aasfmarin.org/event/sf-h-i-business-meeting/2019-03-16>)

Held at Mission Fellowship (2900 24th Street).

Sun, Mar 17 from 12:00pm - 2:00pm - Archives Committee

Held at Central Office (1821 Sacramento). More info

here (<https://aasfmarin.org/event/archives-committee/2019-03-17>) .

Mon, Mar 18 at 6:00pm - SF Teleservice Orientation

Held at Central Office (1821 Sacramento). More info

here (<https://aasfmarin.org/event/sf-teleservice-orientation/2019-03-18>) .

Mon, Mar 18 from 7:30pm - 9:00pm - Marin General Service Business Meeting

Held at First United Methodist Church (9 Ross Valley Drive, San Rafael, CA 94901)

More info

here (<https://aasfmarin.org/event/marin-gs-business-meeting-2017-07-17/2019-03-18>) .

Sat, Mar 23 from 10:00am - 3:30pm - CNCA Committee Meeting
10:00 am - Sharing Sessions
11:00 am - Standing Committee Meetings
12:30 pm - Business Meeting
Held at Petaluma Community Center (320 N. McDowell Blvd., Petaluma, CA 94954)
More info
here (<https://aasfmarin.org/event/cnca-committee-meeting-3/2019-03-23>) .

Tues, Mar 26 at 7:00pm - Marin Teleservice Orientation
Held at the Marin Alano Club (1360 Lincoln Ave., San Rafael, CA 94901)
More info
here (<https://aasfmarin.org/event/marin-teleservice-orientation/2019-03-26>) .

Thurs, Mar 28 at 7:30pm - Marin PI/CPC
Speaker Orientation (<https://aasfmarin.org/event/marin-pi-cpc-speaker-orientation>) starts at 7:00pm
Held at Marin Alano Club (1360 Lincoln Ave., San Rafael CA 94901)
More info here (<https://aasfmarin.org/event/marin-pipcp-2019-03-28>) .

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